**Lifetime Alcohol Use**

63.8% reported having used alcohol at some point in their lives.

**Frequency of Alcohol Use in the Last 3 Months**

- **47.2%**
  - of students who reported any lifetime alcohol use reported drinking weekly or daily in the last 3 months

- **4.3%** daily or almost daily
- **25.1%** monthly
- **22.6%** once or twice
- **5.0%** no use

**Most Recent Alcohol Use**

- **33.8%** intended to get drunk
- **33.6%** actually got drunk

**How many drinks did you have?**

- 1 drink or fewer: **28.7%**
- 2-3 drinks: **38.0%**
- 4-5 drinks: **20.1%**
- 6+ drinks: **13.2%**

**Alcohol-Related Consequences in the Last 12 Months**

- **32.4%** reported experiencing at least one alcohol-related consequence

- Browned out*: **18.6%**
- Regretted actions: **16.1%**
- Blurred out: **9.5%**
- Unprotected sex: **5.9%**
- Physically injured self: **1.3%**
- Seriously considered suicide: **1.3%**
- Needed medical help: **1.1%**
- Non-consensual sex (victim): **0.2%**
- Trouble with police: **0.2%**
- Non-consensual sex (perpetrator): **0.2%**
- Physically injured someone else: **0.7%**

* Alcohol-induced “fragmentary blackout” characterized by spotty memories for events, with “islands” of memories separated by missing periods of time in between.

**High-Risk Drinking Behavior**

50.3% reported binge drinking on at least one occasion in the last 2 weeks.

**Number of Drinks in the Last 2 Weeks**

- **Assigned Female at Birth**
  - 0 drinks: 51.0%
  - 1 drink: 29.3%
  - 2 drinks: 11.1%
  - 3 drinks: 3.8%
  - 4 drinks: 2.9%
  - 5+ drinks: 1.9%

- **Assigned Male at Birth**
  - 0 drinks: 47.7%
  - 1 drink: 14.0%
  - 2 drinks: 15.4%
  - 3 drinks: 8.1%
  - 4 drinks: 7.8%
  - 5+ drinks: 2.3%

**Drinking and Driving**

15.7% of students who drank in the last 30 days indicated that they had driven a car after consuming alcohol.

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Data source is 2021 American College Health Association's National College Health Assessment (ACHA-NCHA III). Field dates: October 24 - November 21, 2021. Total of 682 respondents for a web survey among University of Texas at Austin students.