### COVID-19 EXPOSURE ACTION CHART

<table>
<thead>
<tr>
<th>WHO</th>
<th>HAVE BEEN BOOSTED OR Completed the primary series of Pfizer within the last 5 months or J&amp;J vaccine within the last 2 months.</th>
<th>NOT BOOSTED and Completed the primary series of Pfizer over 5 months ago or J&amp;J vaccine over 2 months ago OR UNVACCINATED</th>
</tr>
</thead>
<tbody>
<tr>
<td>Everyone</td>
<td>Mask recommended indoors when not at home. Get tested weekly through PCT. Complete the Daily Symptom Screening on the Protect Texas Together app.</td>
<td>Mask recommended indoors when not at home. Get tested 2X a week through PCT. Complete the Daily Symptom Screening on the Protect Texas Together app.</td>
</tr>
<tr>
<td>Asymptomatic Close Contact Exposure (No symptoms* but had close contact** with someone who tested positive for COVID-19)</td>
<td>Mask around others for 10 days. Get tested on day 5 after exposure (date of exposure is day 0) through UT’s free Proactive Community Testing program. Complete the Daily Symptom Screening on the PTT app to monitor for symptoms.</td>
<td>Self-quarantine. Stay home for 5 days. Mask around others for 10 days. Get tested on day 5 after exposure (date of exposure is day 0) through UT’s free Proactive Community Testing program. Self-monitor. Check for fever or respiratory symptoms.</td>
</tr>
<tr>
<td>Symptomatic (regardless of exposure)</td>
<td>Self-isolate. Do not leave home unless seeking medical care or testing. Avoid others in your residence. Disinfect surfaces regularly. Get tested immediately. Students: schedule test or telehealth appointment with UHS provider, depending upon symptom severity. Follow prompts to schedule through MyUHS or, 8 a.m.-5 p.m., weekdays, call either: UHS Appointments, 512-471-4955, or UHS Nurse Advice Line, 512-475-6877. Faculty/Staff: schedule test with UT Health Austin or private healthcare provider. See additional instructions for employees below.† For masking, a properly-fit, non-cloth mask is preferred. Eat/drink in well-ventilated and socially distanced locations.</td>
<td>Self-isolate. Do not leave home unless seeking medical care or testing. Avoid others in your residence. Disinfect surfaces regularly. Get tested immediately. Students: schedule test or telehealth appointment with UHS provider, depending upon symptom severity. Follow prompts to schedule through MyUHS or, 8 a.m.-5 p.m., weekdays, call either: UHS Appointments, 512-471-4955, or UHS Nurse Advice Line, 512-475-6877. Faculty/Staff: schedule test with UT Health Austin or private healthcare provider. See additional instructions for employees below.† For masking, a properly-fit, non-cloth mask is preferred. Eat/drink in well-ventilated and socially distanced locations.</td>
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<tr>
<td>Positive COVID-19 Test</td>
<td>Isolate for at least 5 days*** since symptoms first appeared AND at least 24 hours with no fever without fever-reducing medications AND symptoms have improved. If asymptomatic, isolate for 5 days from the date of the test. For masking, a properly-fit, non-cloth mask is preferred. Eat/drink in well-ventilated and socially distanced locations. Read more about ending isolation for students. See additional instructions for employees below.†</td>
<td>Isolate for at least 5 days*** since symptoms first appeared AND at least 24 hours with no fever without fever-reducing medications AND symptoms have improved. If asymptomatic, isolate for 5 days from the date of the test. For masking, a properly-fit, non-cloth mask is preferred. Eat/drink in well-ventilated and socially distanced locations. Read more about ending isolation for students. See additional instructions for employees below.†</td>
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*COVID-19: Range from mild to severe and may include fever (≥ 100.0°F) or chills, cough, shortness of breath/difficulty breathing, fatigue, muscle/body aches, headache, new loss of taste or smell, sore throat, congestion or runny nose, nausea, vomiting and/or diarrhea.

**Close Contact: Being within 6 feet of an infected person for a cumulative total of 15 minutes or more over a 24-hour period starting from 2 days before illness onset (or for asymptomatic patients, 2 days prior to test) until the time the patient is isolated.

***Given there is small residual risk of transmission from days 5-10 in some cases, UT recommends minimizing time in public when possible (for example, work/study from home). For masking, properly fit, non-cloth masks are preferred in this scenario, and eat/ drink in well-ventilated and socially distanced locations. If you must be around others, then consider staying home at least past day 7, as risk of transmitting from day 8-10 is minimal. PCR tests should not be used to end isolation.

†Employees (including student employees) should report symptoms and testing regardless of test results to the Occupational Health Program (OHP) as soon as possible. Contact 512-471-4647 or email healthpoint.ohp@austin.utexas.edu to report COVID-19 symptoms or tests regardless results. OHP values employee privacy and is following privacy guidelines that allow the university to keep our workplace and co-workers safe while still protecting individual privacy as much as possible. Faculty and staff who are asymptomatic and receive a negative test result through Proactive Community Testing (PCT) do not need to report to OHP.

**DEFINITIONS:**

- **Symptoms of COVID-19:** Range from mild to severe and may include fever (≥ 100.0°F) or chills, cough, shortness of breath/difficulty breathing, fatigue, muscle/body aches, headache, new loss of taste or smell, sore throat, congestion or runny nose, nausea, vomiting and/or diarrhea.

- **Close Contact:** Being within 6 feet of an infected person for a cumulative total of 15 minutes or more over a 24-hour period starting from 2 days before illness onset (or for asymptomatic patients, 2 days prior to test) until the time the patient is isolated.

- **Given there is small residual risk of transmission from days 5-10 in some cases, UT recommends minimizing time in public when possible (for example, work/study from home). For masking, properly fit, non-cloth masks are preferred in this scenario, and eat/ drink in well-ventilated and socially distanced locations. If you must be around others, then consider staying home at least past day 7, as risk of transmitting from day 8-10 is minimal. PCR tests should not be used to end isolation.

- **Note:** Testing guidance is based on limited information and is subject to change as more information becomes available.

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**UT Health Austin Dell Medical School University Health Services**

**UHEALTHAUSTIN.ORG**

**DELMED.UTEXAS.EDU**

**HEALTHYHORNS.UTEXAS.EDU**

**Revised 02/24/2022**