COVID-19 Campus Guidance

Correct Hand Washing Procedure

**Wet your hands.**
Wet your hands with clean, running water (warm or cold), turn off the tap, and apply soap.

**Lather your hands.**
Lather your hands by rubbing them together with the soap.

**Lather thoroughly.**
Lather the backs of your hands, between your fingers, your wrists, and under your nails.

**Scrub your hands.**
Scrub your hands for at least 20 seconds.

**Rinse your hands.**
Rinse your hands well under clean, running water.

**Dry your hands.**
Dry your hands using a clean towel or air dry them.