

STUDENT SELF-DECLARATION OF RELEASE FROM COVID-19 ISOLATION

TO BE COMPLETED BY THE STUDENT

YOUR NAME	UT EID
WHO NEEDS TO BE MADE AWARE OF THIS DECLARATION (E.G., HOUSING, STUDENT EMERGENCY SERVICES, ETC.)?	

You may use this form to declare that you meet the CDC criteria for release from COVID-19 self-isolation for the purposes of returning to on-campus housing. Once completed, submit this form to University Health Services (UHS) via MyUHS web portal. Please keep the original for your personal records. By submitting this form, you consent to UHS disclosing this information to University Housing and Dining.

If you choose to use this form for any other activity or purpose, submit a copy of the form directly to the requesting party. Please keep the original for your personal records. It is not necessary to upload the form to MyUHS web portal. Students needing [Class Absence Notification should contact Student Emergency Services](#).

If you need help completing this form or have any questions, you may call the University Health Services' Nurse Advice Line at 512-475-6877 (NURS).

The CDC recommends that persons with COVID-19 should self-isolate. Isolation can be discontinued when ALL of the following criteria have been met:

- At least 10 days have passed since symptom onset (if you have not had any symptoms, then 10 days from the date of your positive test)
- At least 24 hours have passed since resolution of fever without the use of fever-reducing medications
- Other symptoms of COVID-19 have improved

NOTE: A test-based strategy (test of cure) is no longer recommended by the CDC to discontinue isolation or other precautions.

Step 1: Determine the earliest date you can return to campus (COMPLETE EACH DATE SECTION.)

- ▶ Date you first had a symptom of COVID-19: _____ (MM/DD/YYYY)
 - This is considered "Day 0" (the date of onset of symptoms).
 - If you have not had symptoms, enter the date of your positive test.
- ▶ Date of the 11th day after symptom onset: _____ (MM/DD/YYYY)
 - For example, if the first day of symptoms was August 1st (Day 0), then the 11th day after symptom onset would be August 12th.
 - If you did not have any symptoms, the date of your test is Day 0, and enter the 11th day after the date of your positive test. For example, if the date of your test was August 1st (Day 0), then the 11th day after your test would be August 12th.
 - **The earliest date you can return to campus is Day 11.** A full 10 days of isolation must be completed.

Step 2: Declaration (COMPLETE THE SECTION THAT PERTAINS TO YOU.)

- ▶ I had symptoms. By signing this form, I declare that I had any symptoms of COVID-19, and I meet the following criteria for return to campus after self-isolation for COVID-19. Initial each of the following:
 - _____ At least 10 days have passed since I first had symptoms of COVID-19.
 - _____ At least 24 hours have passed since I last had a fever, and I have not taken fever reducing medications during that time.
 - _____ All of my symptoms of COVID-19 have improved.
- ▶ I did not have symptoms. By signing this form, I declare that I had a positive COVID-19 test, but I did not have symptoms, and I meet the following criteria for return to campus after self-isolation for COVID-19. Initial the following:
 - _____ At least 10 days have passed after the date that I had a positive test.

The provision of false or misleading information in this declaration constitutes a violation of **Institutional Rules sections 11-404(a)(16)(a)(b) - Providing False and Misleading Information** and **11-404(a)(3) - Harmful Behavior** and may result in referral to Student Conduct and Academic Integrity in the Office of the Dean of Students for possible investigation and disciplinary proceedings.

SIGNATURE	DATE
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