

healthybodies healthyminds healthylives healthyhorns

““ My experience yesterday at UT (UHS) was probably the most positive experiences I’ve ever had in a doctor’s office. The nurses were super helpful and I could tell really cared. I felt very confident that I was getting good medical care. I had initially planned to avoid going to the doctor unless I went home, but after this experience I will definitely be back. ””

““ I had never received help before and it was like someone threw me a life jacket and compass while I was trying to keep my head above water. It’s helped gain some control I’ve never had before and I actually see a future without this problem. ””

““ Being a peer educator has been one of the greatest opportunities in my life and I have enjoyed the support of the LWC and being a part of their mission. ””

University Health Services
Counseling and Mental Health Center
Longhorn Wellness Center



TEXAS

The University of Texas at Austin



healthybodies

69,265
 total visits to
 all UHS clinics

24,135
 unique patients
 served by UHS



Primary Care
 26,284 visits



Women's Health
 10,208 visits



Allergy & Immunization
 8,732 visits



Physical Therapy
 5,752 visits



Travel Health
 484 visits



Urgent Care
 5,370 visits



Sports Medicine
 5,071 visits



Integrated Health
 1,692 visits



STI Screening
 1,728 visits



Nutrition Services
 751 visits

Top Reasons

Students Seek Care at UHS

- Allergies, colds, upper respiratory infections, flu
- Annual GYN exams
- Concussions
- Contraception
- Depression, anxiety, fatigue
- General and sports physicals
- Sprains, strains, back pain, extremity injuries
- Gastrointestinal problems
- Gynecological problems
- Rashes, other skin problems
- STI screening and infections
- Immunizations, tuberculosis screening, travel visits
- Urinary tract infections



Laboratory Tests
 56,482



Ultrasounds and X-rays
 3,642



Nurse Triage
 11,159

where Longhorns become
healthyhorns

16,190 Flu Shots
 Administered



98%

said access to healthcare on campus minimized disruptions to academics

99%

said the UHS provider treated them with respect

98%

said they would recommend UHS to a friend

97%

were satisfied with their overall UHS experience

97%

were satisfied with the UHS provider

UHS Staff

- 15 Board-Certified Physicians
- 42 Nursing Staff
- 6 Physician Assistants
- 7 Nurse Practitioners
- 5 Integrated Health Counselors
- 1 Registered Dietitian
- 8 Laboratory and Radiology Techs
- 2 Physical Therapists
- 2 Physical Therapist Assistants
- 59 Administrative and Support Staff
- 34 Student Employees

10

Student Physical
 Therapy Volunteers

25

Student Clinic Volunteers

53

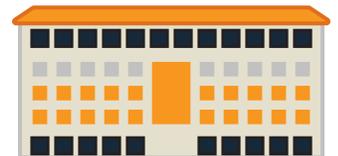
Student Health Advisory
 Committee Members



70+ Campus Partnerships

across campus to support students and the University's academic mission, including joint research with faculty and collaborations on health initiatives

Patient Satisfaction



UHS occupies **45,000+** sq ft in the Student Services Building with **69** exam rooms & **6** procedure rooms



healthyminds

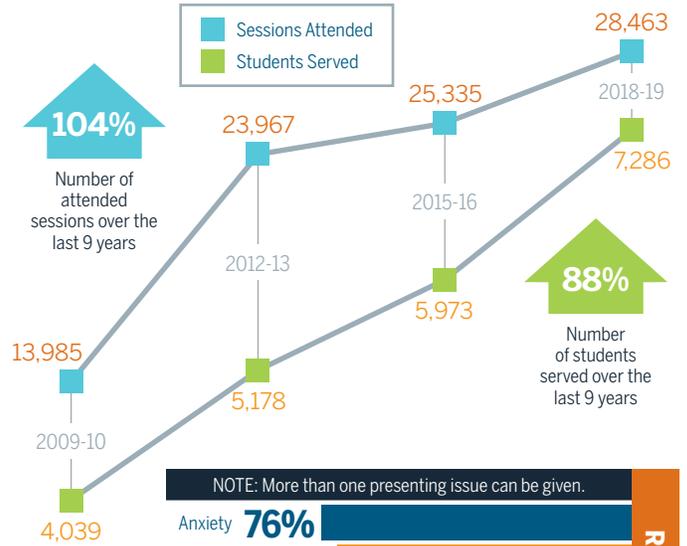
28,463
 total sessions
 attended at CMHC

7,286
 unique patients
 served by CMHC

**Individual
 Counseling**
 12,345 sessions



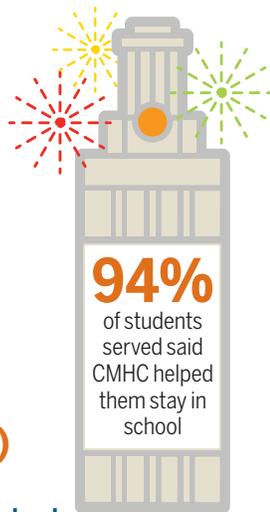
**Psychiatric
 Services**
 2,635 sessions



- Crisis Appointments**
927
- Crisis Line Calls**
1,520
- Brief Assessments**
8,111 sessions
- Group Counseling**
84 groups

Diversity Counseling and Outreach Specialists (DCOS)
 7 specialists and over 6,825 students, faculty, and staff reached

DCOS provide counseling, support, and outreach for student populations with marginalized and underrepresented identities.

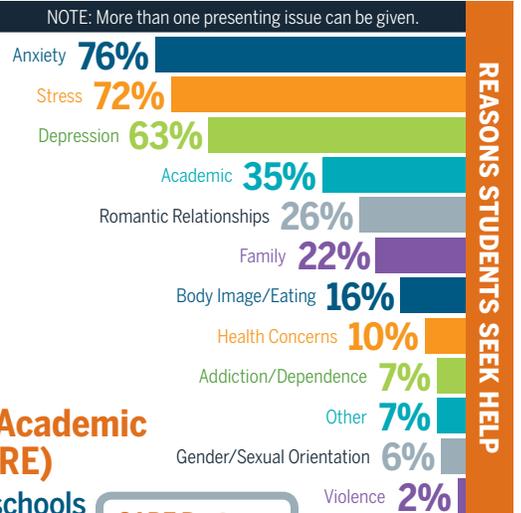


1,026 visits

Counselors in Academic Residence (CARE)

14 colleges & schools
 4,854 visits

The CARE program embeds mental health professionals in partnering academic colleges and schools to provide counseling services, consultation, and education related to student well-being.



100% would recommend CMHC services to a friend

97% would recommend CMHC psychiatry services to other students

97% would return to the counselor if they needed help again

Psychiatric Services
Client Satisfaction

Individual Counseling
Client Satisfaction



**Professional
 Training Programs**
 2,324 students served
 5,596 sessions attended

by Psychology and Social Work Interns, Social Work Fellows, Psychiatry Residents/Fellows, Psychology Practicum Students, and Psychiatric Nurse Practitioner Students

CARE Partners

95% said having a counselor located in their college helped them attend counseling

CARE Services
Client Satisfaction



healthylives

27,725

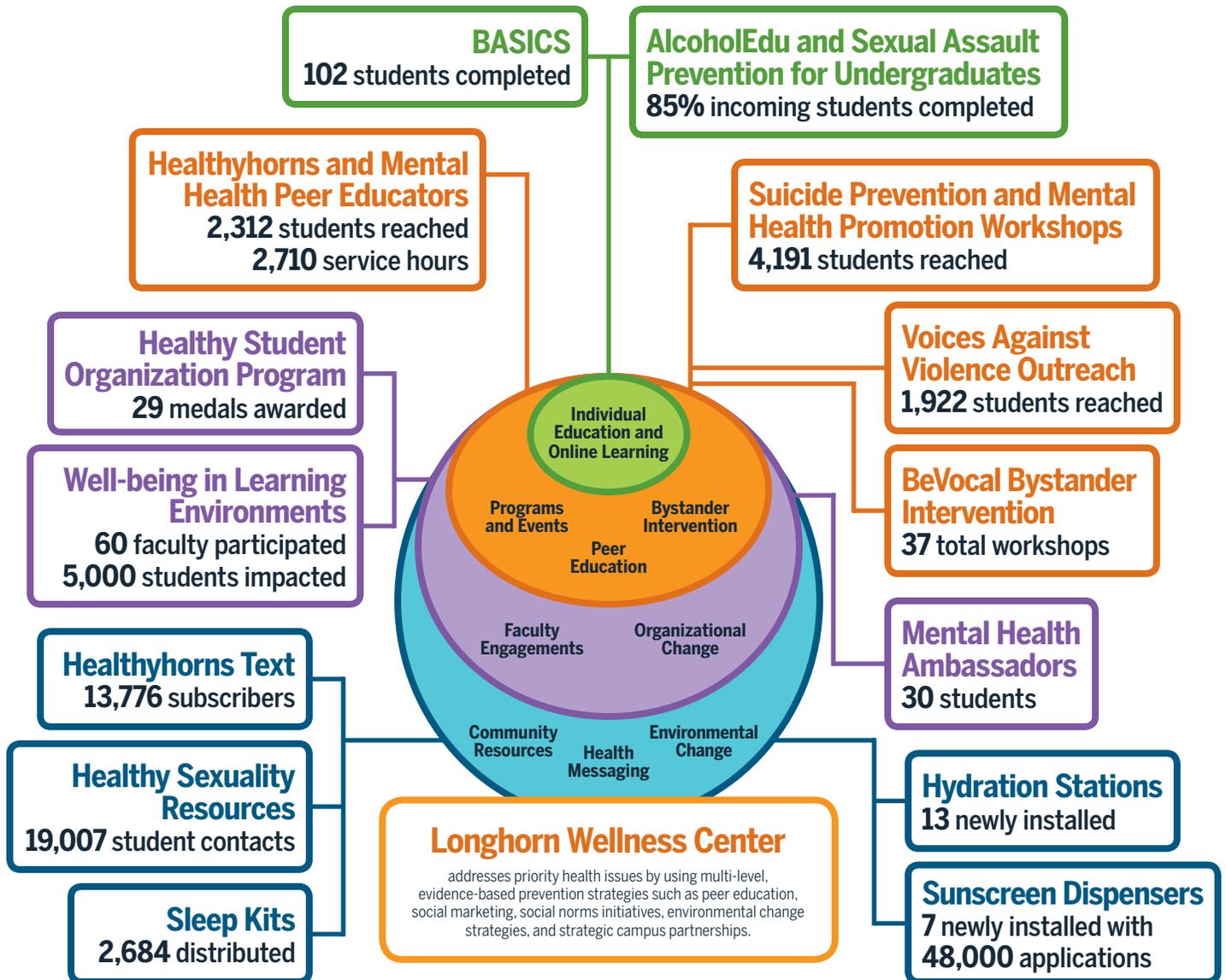
total students reached

12

total full time staff

142

total student staff and volunteers



Professional Presentations
16



Awarded at UT's Healthy Interprofessional Education Showcase:

- ★ **Best in Community Engagement**
- ★ **Best in Interprofessional Education Team**
- ★ **Best in Visual**