

# Anxiety Treatment Study

## **Have you been struggling with anxiety symptoms?**

The Laboratory for the Study of Anxiety Disorders at the University of Texas at Austin is conducting an intervention study examining how two interventions may be helpful in reducing anxiety symptoms among individuals with anxiety or trauma-related disorders. Participants will be required to come to UT Austin's campus. Participants who complete all study requirements will be eligible to receive \$50 in compensation.

To determine if you're eligible for this study, you must first complete a web-based evaluation at the following link: [https://telchpsy.col.qualtrics.com/jfe/form/SV\\_3OQOGkHQAKE6KMK](https://telchpsy.col.qualtrics.com/jfe/form/SV_3OQOGkHQAKE6KMK). Please use your phone camera to scan the QR code below to begin the screening process.

If you have questions, you can email us at [utinterventionstudy@gmail.com](mailto:utinterventionstudy@gmail.com). A complete description of the study can be found at <https://clinicaltrials.gov/ct2/show/NCT05427708>.

This study has been approved by the Institutional Review Board at the University of Texas STUDY00002306

**Scan the QR code with your phone to access the screening survey.**

