

THERAPY- FOCUSED PTSD RESEARCH STUDY



ARE YOU INTERESTED IN RECEIVING EVIDENCE-BASED PSYCHOTHERAPY FOR PTSD?

We are investigating how psychotherapy may change the brain to potentially alleviate PTSD symptoms.

You may qualify if you:

- **Have experienced a traumatic event and believe you may be suffering from PTSD.**
- **Are 18-65yo and fluent in English.**
- **Are willing to undergo MRI and EEG on two different occasions.**
- **Can attend in-person 50min therapy sessions twice a week for 6-8 weeks, and complete out of session daily written assignments.**
- **Are not currently taking antidepressants or participating in regular PTSD-specific psychotherapy.**

What's Involved?

Participants will undergo clinical assessments, MRI brain scans, EEG sessions, and receive 12 sessions of Cognitive Processing Therapy (CPT) by a trained provider. Participants will receive pictures of their brain.

Contact Us!

- 512-495-5856
- fonzolab@austin.utexas.edu
- tiny.cc/UT2020 (with referral code PERPP)



The University of Texas at Austin
Dell Medical School

This study has been approved by the UT Austin IRB. For general information on participant rights, contact 1-512-471-8871