

RESEARCH VOLUNTEER NEEDED



As nurses, we're creating a tool to better understand what people experience when seeking help from their friends, family, and other resources. Your feedback will help us spot questions that might be unclear or difficult to understand. Your participation will be meaningful in designing more effective ways to assess help-seeking behaviors.

YOU CAN PARTICIPATE IF YOU:

- are between 18 and 25 years old
- have hurt yourself on purpose when you don't want to die in the past year
- shared anything related to your self-harm with others and/or received support related to your self-harm

IF YOU PARTICIPATE, YOU WILL:

- complete one-time video interview online (60-90 minutes)
- complete a brief survey about your background and self-harm history
- receive a \$15 gift card at the completion of the interview

INTERESTED IN PARTICIPATING?

**SCAN THIS QR CODE TO LEARN MORE ABOUT THE STUDY
AND CHECK IF YOU CAN PARTICIPATE.**



This study has been approved by the University of Texas at Austin Institutional Review Board (STUDY00007779).
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