

# Healthy Student Organization Program (HSOP) 2022-2023 Impact Report

The Healthy Student Organization Program supports student organizations in laying the foundation for retaining happy, thriving and engaged members and recognizes the groups for their efforts in various health promoting activities.

**32** Registered Organizations

**3438** Members Reached

**342** Number of Wellness Activities Completed

**14** Organizations Honored at Austin City Hall

**34%** of Groups Achieved the Highest Award



## What groups are saying:

“HSOP expanded perceptions of health and wellness, and I hope it will do the same for the other officers and our members.”

-Women in Mechanical Engineering

“A challenge we faced was thinking of ways to promote mental health our members, and HSOP helped us overcome the block that we had by providing us with resources to make mental health care easily accessible.”

-Ismaili Muslim Student Association

“HSOP has helped keep our member’s mental, physical and emotional health at the forefront as we plan and carry out activities.”

-Global Medical Training

**healthyhorns**



The University of Texas at Austin  
Longhorn Wellness Center  
Division of Student Affairs