

AlcoholEdu

FOR INCOMING STUDENTS

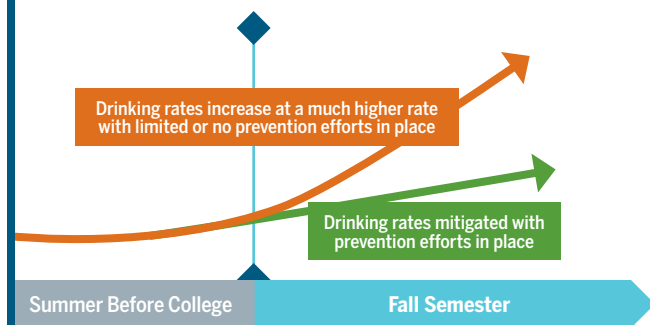
IMPACT STATEMENT
2020-2021

9 out of 10 UT students reported that AlcoholEdu:



- Prepared them to help someone who may have alcohol poisoning.
- Helped them establish a plan ahead of time to make responsible decisions about drinking.
- Prepared them to prevent an alcohol overdose.

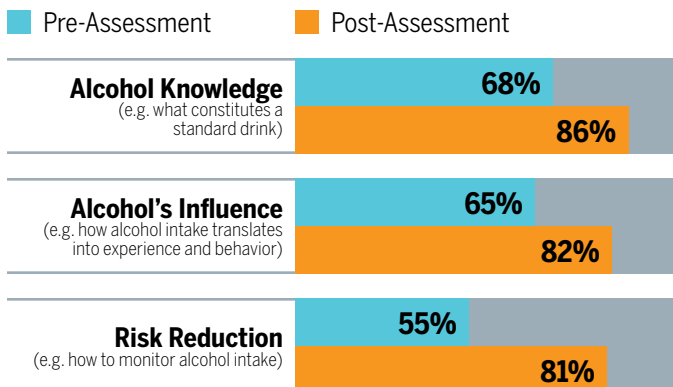
AlcoholEdu DECREASES RISKY DRINKING BEHAVIOR



In the U.S., student alcohol use generally rises the summer before entering college and then increases substantially after arriving on campus. **Through evidence-based education and prevention efforts like AlcoholEdu, UT mitigates this increase.** While not every college student drinks (56% abstained completely and 25% didn't drink in the last two weeks), it is still important for everyone to have safety education in case their friends choose to drink or they choose to do so at a later point. Efforts that focus on all students, not just those who have a prior history of heavy or problematic drinking, have the greatest positive impact.

AlcoholEdu INCREASES KNOWLEDGE ABOUT ALCOHOL AND HOW TO STAY SAFE

After completing the course, students demonstrated increased knowledge about the mental and physical effects of alcohol and how to reduce their risk of the effects of alcohol.



AlcoholEdu INCREASES HEALTHY BEHAVIOR INTENTIONS

Intention is important in predicting future behaviors. At UT, we provide information and promote a campus environment that reinforces safety to support students in making healthy choices.

